



# All Star Cheer Programs

## All Star Cheer PREP ("half-year") Teams

**Description:** All Star Cheer PREP is a 6-month (Oct-Mar) program that is a good introduction to all star cheer. PREP teams provide an opportunity for newer athletes to experience all star cheer, but with limited cost/time commitment.

All Star Prep teams practice just one (1) day per week. Team practices start in October and end in March. PREP teams attend three (3) "local" competitions, which occur on Saturdays during the months of Jan-Mar.

**Season:** October *thru* March

**Practices:** One weekday/week

**Competitions:** 3 "local" competitions (Jan-Mar)

**Tuition:** \$99/month

## All Star Cheer LIMITED ("3/4-year") Teams

**Description:** All Star Cheer LIMITED is an 8-month (Aug-Mar) cheer team program. This is a step above our PREP ("half-year") program, but not as intense as our CLUB ("full-year") program. LIMITED teams do not start practices until school begins (August), so cheerleaders & families have their summer months off!

Our LIMITED program has "limited" competition travel (no out-of-state). All Star LIMITED teams compete at five (5) competitions, which occur on weekends between Dec - Mar. LIMITED teams practice just one (1) weekday and two (2) Saturdays each month. Our LIMITED program is less than half the price of our CLUB program.

**Season:** August *thru* March

**Practices:** One weekday/week & two Saturdays/month

**Competitions:** 5 "limited travel" local competitions (Dec-Mar)

**Tuition:** \$99/month

## All Star Cheer CLUB ("full-year") Teams

**Description:** All Star Cheer CLUB is a 12-month (May thru April) cheer team program. This is our most intense and competitive program. CLUB teams begin practices in late-May and continue thru mid-April.

The 1st half of the season (May-Oct) is team training (weekly practices) and the 2nd half of the season (Nov-Apr) is team training (weekly practices), plus 5-6 weekend competitions (Saturday and/or Sunday).

**Season:** May *thru* April

**Practices:** Two weekdays/week & occasional weekends

**Competitions:** 5-6 travel competitions (Nov-Apr), some out-of-state.

**Tuition:** \$159/month

PROGRAM	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr
<b>PREP</b> ("half-year")						START					END	
<b>LIMITED</b> ("3/4-year")				START							END	
<b>CLUB</b> ("full-year")	START											END